



Nutrition and Nutraceutical Supplements In Integrative Cardiovascular Medicine

Integrative Management Of Hypertension & Dyslipidemia



The Role of

Nutrition and Nutraceutical Supplements In Integrative Cardiovascular Medicine

Presented by: Mark Houston, MD, MS, FACP, FAHA, FASH, FACN

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Editor-in-Chief for the Journal of the American Nutraceutical Association (JANA)

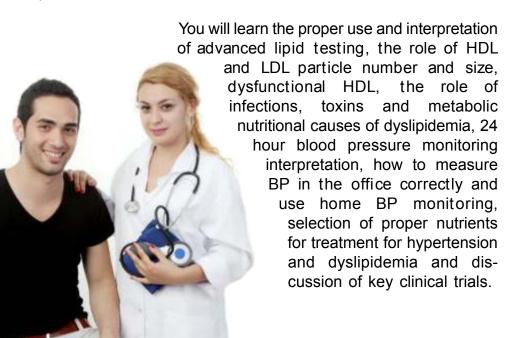
Integrative Management Of Hypertension & Dyslipidemia

Thru The Use Of Nutrition and Nutraceutical Supplements

This seminar will discuss the new pathophysiology, diagnosis, prevention and treatment of hypertension, dyslipidemia and cardiovascular disease.

You will learn the "why" of these disorders and how to approach them from the genesis of the cardiovascular disease and how to treat with nutrition, nutraceuticals, exercise, weight management and other scientifically based treatments, including drugs as needed.

The basic causes of vascular disease are inflammation, oxidative stress & immune dysfunction of the vascular system. There are an infinite number of insults to the vascular system that result in these three finite responses. Hypertension and dyslipidemia are the consequences of these three finite responses as well as the cause. This relationship based on totally new concepts will be presented.





Hypertension Prevention & Treatment with Nutrition and Nutraceutical

Supplements

Dyslipidemia

Prevention & Treatment with Nutrition and Nutraceutical Supplements

Clinical Trials & Case Presentations

The latest science and case studies

 Date: November 9th
 Time: 8:30 - 5:30

 Cost: \$195
 Students \$125

 After Oct
 26th
 \$225
 Students \$150

 To Register: call Metabolic Management 800-373-1373

Seminar location

DoubleTree Hotel Chicago-Oak Brook 1909 Spring Road Oak Brook, IL 60523 630-472-6000

CE Credits Have Been Applied For



Mark Houston, MD, MS, FACP, FAHA, FASH, FACN

Dr. Houston graduated from Vanderbilt Medical School and completed his medical training at the University of California, San Francisco. He is board certified by the American Board of Internal Medicine, the American Society of Hypertension (ASH) and the American Board of Anti-Aging Medicine (ABAAM). He also completed a Master of Science degree in Human Nutrition from the University of Bridgeport, Connecticut. Dr. Houston is also Editor-in-Chief for the Journal of the American Nutraceutical Association (JANA), and has published over 120 articles and scientific abstracts. He is the author of four books on nutritional medicine and he is presently Associate Clinical Professor of Medicine, Vanderbilt University School of Medicine, and director of the Hypertension Institute, St. Thomas Hospital in Nashville, TN.

To Register 800-373-1373